

# SUP Product Release

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## Sample Chapter: Excerpted from Chapter 1, page 14-18

Maitreya, the Coming Buddha, the Future Buddha, plays many roles in the various Buddhist traditions throughout the Far East. Not only is he the guardian of the Dharma but he is also an intercessor and protector, a guru who personally initiates his devotees, a messenger sent by the Eternal Mother to rescue her children, a messiah who descends when the world is in turmoil to judge the wicked and save the righteous, and last but not least he is the Laughing Buddha.

All these descriptions are the many faces of your Holy Christ Self. When you visualize your Holy Christ Self, visualize the appropriate personification of Maitreya as the guru above you. For instance, Maitreya, as well as Jesus, serves you in the role of confessor, as does your Holy Christ Self.

Professor Jan Nattier writes that in Central Asian texts “Maitreya is explicitly involved in the process of the confession and expiation of sins.”<sup>5</sup> Why should he be? Because he desires to shorten the distance between your soul and your mighty I AM Presence. This is likewise the function of the Divine Mediator, your Advocate before the Father, your Holy Christ Self.

Thus, when the day is over, do not neglect to confess your sins (whatever you believe to be a sin) to your Holy Christ Self or to Maitreya. Call on the law of forgiveness, repent, i.e., go and sin no more,<sup>6</sup> and be willing to give to your beloved I AM Presence a violet-flame penance for the alchemy of world transmutation in the form of dynamic decrees;<sup>7</sup> then actively render service to the Sangha<sup>8</sup> to balance whatever wrongs you may have inflicted on any part of life.

Go to sleep with the peace in your heart that comes from acknowledging to your Lord the error of your ways and your desire to make amends. Sign off from this waking world with a prayer of profound regret in having offended God in anyone, in having hurt or burdened any part of life, determined that the light of God shall infill you and strengthen your resolve not to repeat the mistake. And lastly, accept the overshadowing of your guardian angel, who will help you to “go and sin no more.” Then have a sweet and peaceful sleep knowing you have at least begun the process of resolution and resolve.

We need such resolution before we go to sleep each night, and that is why some recite the prayer: “Now I lay me down to sleep. I pray the Lord my soul to keep. If I should die before I wake, I pray the Lord my soul

to take.” I don’t think this is a prayer we should give to children because children never think about dying before they wake, so why introduce that fear into their trusting little heads?

But as adults, we can and ought to say that prayer, because we want to have confessed and repented of our misuses of God’s light before we lay down our body to sleep and before our soul takes its nightly journey to the retreats of the ascended masters. It is a matter of tidy record keeping to conclude one’s day as though one had concluded a lifetime, to make one’s peace with God and man, to seal it and to be reborn again in the morning, recharged for another day of loving life free. You may even get so weary of confessing your sins that you will simply stop sinning!

So the Confessor, the Intercessor, the Divine Mediator, the Advocate—this is someone we need. And that is why God gave his “only begotten Son” (the Universal Christ individualized in our Holy Christ Self), that whosoever believeth in him should, through his mercy and compassion, not perish but have everlasting life in the victory of the ascension.<sup>9</sup>

Another role of Maitreya reflects his wisdom—as well as his skill as a communicator of wisdom—in the language of the heart and in the erudition of the mind.

Nattier notes that Maitreya was a patron saint of commentators. His aid was sought by Buddhist scholars in India and China who needed “help with difficult scriptural passages.... As the next Buddha, Maitreya was regarded by these doctors of the law as an unparalleled source of information on difficult doctrinal issues.”<sup>10</sup>

In Korea Maitreya took on roles that in China were normally ascribed to Kuan Yin. He is known as the bestower of children, sons in particular, and is worshiped as a protector of sailors.<sup>11</sup> In Japan some look to Maitreya as the mediator in relationships between men and women<sup>12</sup>—the unifier of twin flames through the Universal Christ and his image and likeness in man and in woman.

In some villages along Japan’s coast it was believed that Maitreya would come with a fleet of ships carrying gold and grain.<sup>13</sup> This is the significance of Maitreya’s causal body, the abundant life of the Universal Christ. In East Asia securing an abundance of rice and grain signifies a happy and prosperous future. One Buddhist text in Thailand ends with the blessing “May he who eats the rice become as wise as Phra Mahosat [an incarnation of Gautama Buddha] and as patient as Phra Mettai [Maitreya].”<sup>14</sup> If you’re on the macrobiotic diet, your rice may very well do that because it is so centering—but not without your devotion to the Christ!

Author Alan Sponberg describes Maitreya’s universality in Buddhist tradition. He writes:

Along with the figure of Gautama himself, Maitreya is one of the few truly universal symbols occurring throughout the Buddhist tradition, one holding a role of importance in Theravada as well as Mahayana cultures. Unlike that of the historical Buddha, however, Maitreya’s role, though pivotal, remained relatively underdefined and open-ended. In every Buddhist culture Maitreya is a symbol of hope, of the human aspiration for a better life in the future when the glories of the golden past will be regained. That much remains constant in all the varied instances of the Maitreya cult.... Equally striking, however, are the elaborations of that core theme, the variety seen in the different guises in which we find Maitreya playing out his role as guarantor of the future.<sup>15</sup>

Maitreya is preeminent in this hour because his causal body holds the key to the New Era and the New Age. In that sense, he is the Guarantor of the Future. Maitreya invited us to blend the golden spheres of our causal bodies jointly held:

It is a secret (yet no secret, for I tell it) that the significance of the coming of Maitreya is that my causal body holds the key to the golden age long awaited. Thus, there must be made room in the inn of life in Matter for my causal body....

We must be in the mountain for the lowering of the causal body that is the key to the golden age. And then we must blend the golden spheres of our causal bodies jointly held. For this is the meaning of the guru-chela relationship!...

Little by little, build the kingdom of God until you, with me, our causal bodies one, become the mutual and joint key to this golden age.<sup>1</sup>