

The background of the cover is a photograph of a rugged mountain range. The central focus is a large, rounded mountain peak that appears to be glowing from within. On top of this peak is a white, classical-style building with a dome and columns, resembling a temple or a government capitol building. Numerous bright rays of light emanate from the building, spreading out across the sky. The sky is a deep blue with some white clouds. The foreground shows the dark, rocky slopes of the mountain range.

The Masters and their Retreats

Mark L. Prophet and Elizabeth Clare Prophet

Compiled and edited by Annice Booth

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SUMMIT UNIVERSITY  PRESS®
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THE MASTERS AND THEIR RETREATS

Teachings of Mark L. Prophet and Elizabeth Clare Prophet

compiled and edited by Annice Booth

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Note: Because gender-neutral language can be cumbersome and at times confusing, we have used the pronouns he and him to refer to God or to the individual and man or mankind to refer to people in general. We have used these terms for readability and consistency, and they are not intended to exclude women or the feminine aspect of the Godhead. God is both masculine and feminine. We do, however, use the pronouns she and her to refer to the soul because each soul, whether housed in a male or a female body, is the feminine counterpart of the masculine Spirit.

Contents

A Note from the Editor xi

Introduction 1

Who Is Elizabeth Clare Prophet? 2

Of Angels, Masters and Men—The Hierarchy of Heaven 3

Who Are the Ascended Masters? 3

Seven Masters Teach the Seven Paths to God 5

The Three Orders of Spiritual Beings 7

Cooperation between the Three Kingdoms 9

The Opportunity to Evolve Upward 10

The Plan of Victory: The Ascension, the Goal of Life 11

Profiles of the Ascended Masters 13–394

The Retreats of the Ascended Masters 395

The Web of Life 397

The Purposes of the Retreats of the Masters 397

Cities of the Brotherhood in the Etheric Realm 398

If the Retreats Are Real, Why Don't We Remember Them? 399

Memories of the Retreats 401

What Is It Like to Be in an Ascended Master Retreat? 402

The Departments in the Heaven-World 405

The Radiation from the Retreats Is Felt in the World 406

Traveling to the Physical Locations of the Retreats 407

A "Visit" to Zadkiel's Retreat 407

The Ancient Equation of Light and Darkness 409

The Universities of the Spirit 410

The Opening of the Doors of the Retreats of the Archangels 411

The Retreats of the Elohim 412

Traveling to the Retreats 413

A Sense of Self-Worth 414

There Are Still Physical Retreats 415

Descriptions of the Retreats of the Masters 416

- Descriptions of the Retreats 417**
 Apollo and Lumina's Retreat 418
 The Retreat of the Elohim of the Second Ray
 The Arabian Retreat 419
 The Retreat of Jesus Christ and Nada
 Arcturus and Victoria's Retreat 420
 The Retreat of the Elohim of the Seventh Ray
 The Ascension Temple and Retreat at Luxor 421
 The Retreat of Serapis Bey
 The Cathedral of Nature 424
 The Retreat of Kuthumi in Kashmir
 The Cathedral of the Violet Flame 426
 The Cave of Light 427
 The Retreat of the Great Divine Director in the Himalayas
 The Cave of Symbols 430
 The Retreat of Saint Germain in the Rocky Mountains 432
 Le Château de Liberté 436
 The Retreat of Paul the Venetian in Southern France
 Cyclopea and Virginia's Retreat 437
 The Retreat of the Elohim of the Fifth Ray
 Djwal Kul's Retreat in Tibet 437
 El Morya's Retreat in El Capitan, Yosemite Valley 437
 Eriel's Retreat in Arizona 437
 The Etheric Cities 438
 Gabriel and Hope's Retreat 439
 The Retreat of the Archangels of the Fourth Ray
 The Goddess of Purity's Retreat over the Island of Madagascar 439
 The Goddess of Purity's Retreat over San Francisco 441
 Hercules and Amazonia's Retreat 441
 The Retreat of the Elohim of the First Ray
 Heros and Amora's Retreat 442
 The Retreat of the Elohim of the Third Ray
 The Jade Temple, China 444
 John the Beloved's Retreat over the Arizona Desert 444

- Jophiel and Christine's Retreat 444
 The Retreat of the Archangels of the Second Ray
- Kuthumi's Retreat at Shigatse, Tibet 445
- Lanello's Retreat on the Rhine 445
- Maitreya's Retreat in the Himalayas 447
- Maitreya's Retreat over Tientsin, China 448
- The Master of Paris' Retreats 449
- Meta's Healing Retreat over New England 450
- Orion's Retreat in the Mountains of North America 450
- Oromasis and Diana's Retreat 451
- The Palace of Light 451
 The Retreat of Chananda in the Himalayas
- The Palace of White Marble 452
- The Persian Retreat 453
- Portia's Retreat 453
 The Retreat of the Goddess of Justice over Ghana
- Purity and Astrea's Retreat 453
 The Retreat of the Elohim of the Fourth Ray
- The Queen of Light's Retreat over the Island of Sicily 454
- The Rakoczy Mansion and the Temple of the Maltese Cross 454
 Retreats of the Great Divine Director and Saint Germain
- Raphael and Mother Mary's Retreat 456
 The Retreat of the Archangels of the Fifth Ray over Fátima
- The Resurrection Temple 456
 The Retreat of Jesus and Mary over the Holy Land
- The Retreat of the Blue Lotus 458
 The Retreat of Lord Himalaya
- The Retreat of the Divine Mother 460
- The Rocky Mountain Retreat for Teenagers 461
- The Rose Temple 461
 Nada's Retreat over New Bedford, Massachusetts
- The Royal Teton Retreat 462
 Principal Retreat of the Great White Brotherhood in North America

- The Sacred Retreat of the Blue Flame 465
 The Retreat of Surya and Cuzco at Fiji
- Shamballa 467
 Ancient Home of Sanat Kumara
- The Shrine of Glory 470
 The Retreat of the Goddess of Light in the Andes
- Tabor's Retreat in the Rocky Mountains 471
- The Temple of Comfort 471
 The Retreat of the Maha Chohan over Sri Lanka
- The Temple of the Crystal-Pink Flame 472
 The Retreat of Archangels of the Third Ray
- The Temple of Faith and Protection 472
 The Retreat of Archangel Michael and Faith
- The Temple of Good Will 474
 The Retreat of El Morya at Darjeeling
- The Temple of Illumination 478
 The Retreat of the God and Goddess Meru at Lake Titicaca
- The Temple of Mercy 480
 Kuan Yin's Retreat near Peking, China
- The Temple of Peace 481
 The Retreat of the Elohim of the Sixth Ray
- The Temple of Purification 483
 The Retreat of the Archangels of the Seventh Ray
- The Temple of the Sun 484
 The Retreat of the Goddess of Liberty
- The Temple of the Sun 485
 The Retreat of Helios and Vesta in the Center of the Sun
- The Temple of Truth 486
 The Retreat of Hilarion
- Uriel and Aurora's Retreat 488
 The Retreat of the Archangels of the Sixth Ray
- Vaivasvata Manu's Retreat in the Himalayas 488
- Victory's Temple 489

The Western Shamballa 490
 Gautama Buddha's Retreat in North America
Zarathustra's Retreat 491

Conclusion: Bringing Heaven to Earth 493

An Ascended Master in the Making 494
The Retreats Are Real 495
Heaven on Earth 496
There Is Another Retreat 497

Charts and Maps 498

The Eight Rays and the Eight Chakras and the Beings
 Who Ensoul Them 498
Maps 500
Notes 505
Glossary 529



A Note from the Editor

Thirty-three years ago, the messenger Elizabeth Clare Prophet informed me that it was time to publish a book on the masters and their retreats. She felt that the world needed a complete introduction to the ascended masters, the angels, the Elohim and the cosmic beings so that mankind could understand the great love of these masters for the sons and daughters of God on earth. It was to be a book that anyone pursuing a spiritual path could pick up and read or use as a reference.

At that time we were living at La Tourelle, a beautiful mansion in Colorado Springs, Colorado. This was a physical retreat of the Brotherhood of Light, a focus for the ascended masters and home to the messengers and their staff. I was privileged to sit with our messenger as she wrote short biographies of the masters, telling the stories of their lives and describing the qualities that made each of them a unique manifestation of God.

I was also blessed to be present as she meditated in her prayer tower at La Tourelle. During these deep meditations, the messenger would look into the inner planes and visit the heavenly retreats and etheric temples of the masters. She brought back with her the details of all that she had seen and then spoke into a tape recorder. Later her secretaries transcribed her teachings.

I sat with her for many hours a day over several weeks while she did this inner work. My task, as she described it to me, was to hold the light while she journeyed to the inner planes of the heaven-world. Like a cosmic sponge, I endeavored to absorb any untoward vibrations, keeping the energy from her so that her soul was free to soar to the inner planes to do the work the masters assigned her.

These precious hours with the guru and teacher were a very high and holy time for me. I could feel the pure light radiation in the room as she communed with the masters, as they described the retreats to her, and as she visited them in turn in their homes of light. Hearing her speak as she returned from one of these sojourns broadened my own understanding of the entire cosmos. I learned of the Creator's vast plan for his creation, and I was overjoyed to find that each one of us has a special part to play in God's intricate plan for earth and her evolutions.

I treasure those early days with Elizabeth and Mark, now the ascended master Lanello. The messenger entrusted me with this teaching, and I have carried these precious transcripts with me, whenever and wherever I moved as a part of the messenger's staff—from Colorado Springs to Santa Barbara, to San Francisco, to Minneapolis and, finally, to my home at the Inner Retreat in Paradise Valley, Montana.

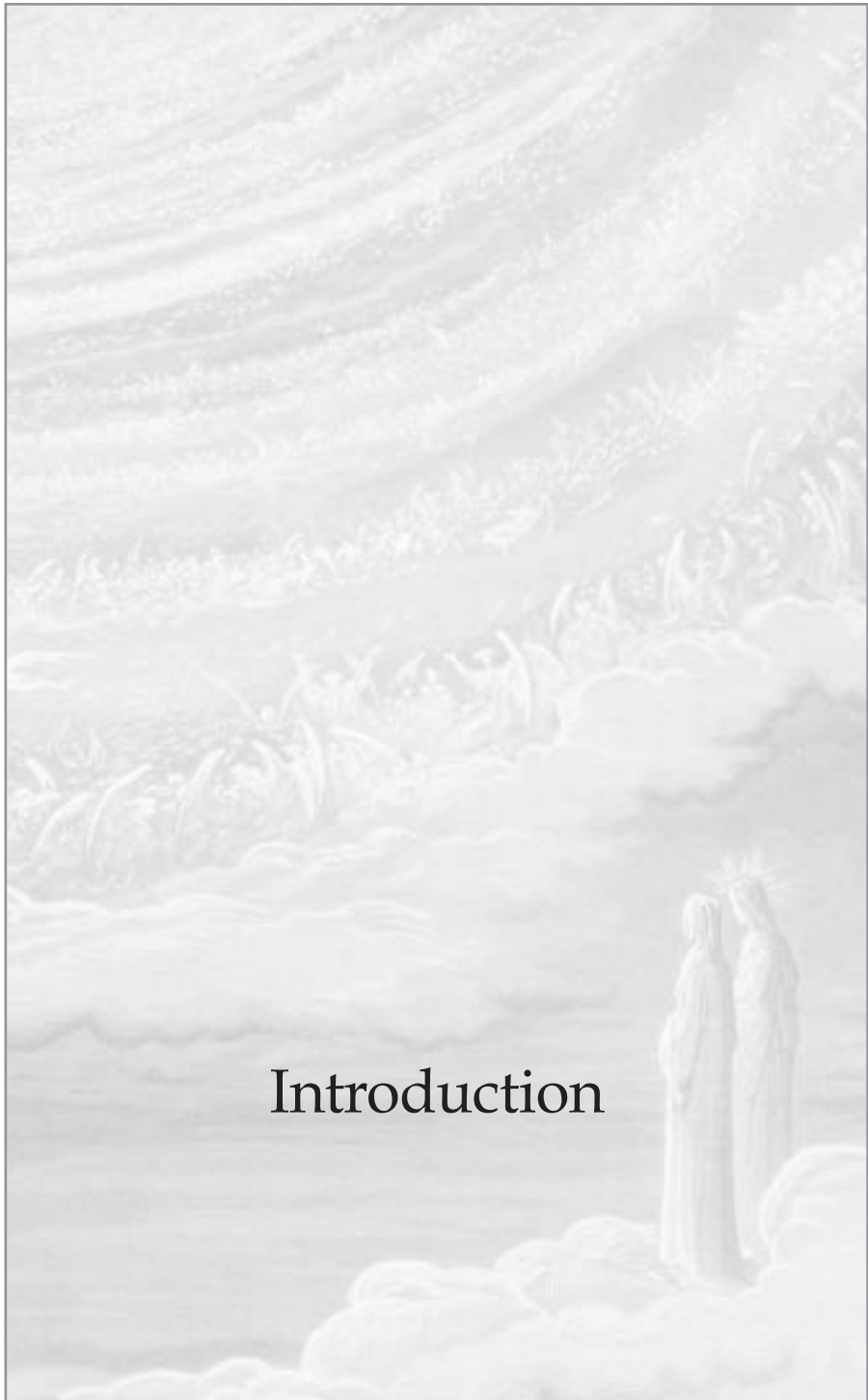
Interestingly, wherever I have gone, students have asked me about the masters and their lives. Many have requested a book of their biographies as a road map for their own journey on the path of personal Christhood. Occasionally, Elizabeth Clare Prophet would release a small portion of this information during a lecture or prior to an address by one of the ascended hosts, but never before has this information been collected in one place. I am sure that students of the ascended masters as well as seekers of truth from all walks of life will welcome the profound truths revealed in this book.

As we have learned more about the retreats of the masters over the years of the messengers' service, we have found that any sincere student may visit the retreats of the masters in his or her finer bodies while their physical body sleeps at night. During sleep, we often do visit the homes of the masters, and we sit at their feet to receive training from them directly. You may even have recalled your own "inner temple" experiences upon awakening in the morning. Have you ever wished that you could remember what the master was really like, what the retreat looked like and what it was you learned there? If only you could recall the words of the master! Now, you can read all about the masters and their retreats for yourself, as this teaching becomes a magnet, pulling you toward the retreats you have read about.

I pray that this little encyclopedia, *The Masters and Their Retreats*, will assist the masters and their students and will help finish a part of the work the messengers began so long ago. The mission of the two witnesses, Mark L. Prophet and Elizabeth Clare Prophet, is to publish the Everlasting Gospel, the scripture for the dawning age of Aquarius. The teaching the messenger received in the little room in her prayer tower many years ago was originally intended to be a part of chapter 32, the next-to-the-last chapter, of *Climb the Highest Mountain*, the Gospel for the Aquarian Age. But the teaching became so extensive that it was worthy of a separate book in this series.

It has been my cherished dream to see this book in print, even as I have held it in my heart all these years. Now, truly, it is time to launch this book to a waiting world, hungry for the Truth within its pages. Thirty-three years later, I also pray that the understanding of the masters and their retreats may be the means for you to really become acquainted with the ascended masters and to launch your own journey—a journey that will take you to that highest mountain, the summit of your own being, your ascension in the light.

Annice Booth
The Royal Teton Ranch
Paradise Valley, Montana



Introduction

Who Is Elizabeth Clare Prophet?

Elizabeth Clare Prophet is an author, teacher and messenger. Like her late husband, Mark L. Prophet, her calling is to be a prophet of God, or one who delivers the Word of God. In this role as a messenger, she communes with angels and masterful beings of light through the power of the Holy Spirit in the manner of the ancient prophets and apostles, and she delivers their messages to the world. These messages contain the words of the heavenly host as “dictations,” as well as a transfer of light for soul quickening and initiation. While receiving these dictations, she is fully conscious yet in an exalted state. The messages occur through the conveyance of the Holy Spirit and not through psychicism or spiritualism where a disembodied spirit takes over the body of a channeler.



Through these two messengers, the ascended masters have released profound teachings, messages and prophecies that present a path and a teaching whereby every individual on earth can find his or her way back to God.

Elizabeth Clare Prophet does not claim to be a master herself but only their instrument; she sees herself as the servant of the light in all students of the ascended masters and in all people. During her mission and ministry, she has taught on a wide variety of spiritual subjects: karma and reincarnation, healing and wholeness, soul mates, twin flames and relationships, and practical spirituality, to name just a few. Her books and writings are intended to give people the opportunity to know the Truth that can set them free. Her great desire is to share a path that will take true seekers, in the tradition of the masters of the Far East, as far as they can go and need to go to meet their true teachers, the ascended masters and their own Higher Self, face-to-face.



Of Angels, Masters and Men— The Hierarchy of Heaven

Before delving into the detailed descriptions of the various masters and their retreats, it will be helpful to have a framework for what is to follow. A preliminary knowledge of the structure of the heavenly hierarchy is a useful prerequisite for entering the world of the masters.

Who Are the Ascended Masters?

All sons and daughters of God have a divine spark, which is their potential to become, or realize, the Christ within. This concept is at the heart of the major religions, East and West. And it was part of Jesus' original teachings to his disciples, many of which were either obscured by Church Fathers or destroyed.

There is no record in the scriptures of Jesus saying that he is the only Son of God, having exclusive right to Divine Sonship. His message was that we should follow in his footsteps to realize the fullness of this Christ in our lives—for only thereby can we work his works on earth.

The culmination of the path of Christhood is the ascension, a spiritual acceleration of consciousness that takes place at the natural conclusion of one's final lifetime on earth. Through the ascension, the soul merges with Christ her Lord and returns to the Father-Mother God, free from the rounds of karma and rebirth.

How does one become a master and enter the heaven-world? A master is one who has attained self-mastery by using the energy of free will, coupled with the law of their oneness with God, to demonstrate mastery in time and space. Through mastery of the flow of energy in his own being as well as his environment, he reaches a certain level of attainment, bringing his soul into congruency with his own God-awareness. This mastery propels him into the reunion with God that is called the ascension in the light, the ritual of the return that was demonstrated by Jesus. Hence the term ascended master.

Jesus was not the only Son of God to demonstrate the ritual of the ascension, nor will he be the last. Neither is he the only Son of God in heaven. Elijah also ascended into heaven. Enoch walked with God, and "he was not, for God took him." John the Beloved, the disciple closest to Jesus, demonstrated the ascension, as did Mary the Mother. In fact, sons and daughters of God throughout cosmos have followed the path of the ascension since the first creation. The path of the ascension is the path of spiritual evolution.

Having balanced their karma and accomplished their unique mission, the ascended masters have graduated from earth's schoolroom and ascended to

God. They are our elder brothers and sisters on the path of personal Christhood. Many are familiar to us, having walked among us through the ages, while others may be unknown to our outer mind. Some masters are ancient beings of light, and their names have long ago become secondary to the flames they bear.

The ascended masters have proven the victory over sin, disease and death and over every conflict. They have balanced what is called in the East karma and in the West sin. They have transmuted all energies that have ever been given into their use in all incarnations, and they have returned to the heart of the I AM THAT I AM. It is written, "And a cloud received him out of their sight."¹ This cloud is a forcefield of electronic or spiritual energy called the Divine Monad. It is the I AM Presence, the Presence of the I AM that appeared to Moses as the flame that burned in the bush that was not consumed. This Presence is our origin, our True Being, whereby we, too, can attain what is called cosmic consciousness. The energy of our own God source is not remote. It is ever-present within and above us, hovering as a cloud of infinite spiritual energy. (See the description of the Chart of Your Divine Self, page 532.)

Every master in heaven has already merged with the Spirit of the I AM Presence. By proving the laws of God, the masters demonstrate that we, too, can attain immortality. All that we are is not lost at the moment of death but is perpetuated by the action of that light that lighteth every man that cometh into the world.

They are all a part of the Great White Brotherhood, spoken of in Revelation 7 as the great multitude of saints "clothed with white robes" who stand before the throne of God.² (The term "white" refers not to race but to the aura of white light that surrounds these immortals.) The Brotherhood works with earnest seekers and public servants of every race, religion and walk of life to assist humanity in their forward evolution.

Among these saints are Gautama Buddha, Maitreya, Jesus Christ, Saint Michael the Archangel, Zarathustra, Moses, Melchizedek, Mother Mary, Saint Francis, Saint Germain, El Morya, Thérèse of Lisieux, and unnumbered and unnamed loving hearts, servants of humanity who have ascended to the I AM THAT I AM and are a part of the living God forevermore.

These masters are teachers of mankind. They teach the path of overcoming victory whereby the soul can reunite with the Higher Self, walk the earth with self-mastery following in the footsteps of Jesus as a Christed one and return to the heaven-world at the conclusion of a lifetime of service. This is the path of personal Christhood, whereby each one can find the way of overcoming.

The ascended masters teach by example, not by words or platitudes. They reveal to us the next step of our spiritual evolution. They point the way, and

they say: "I AM the way. This is the way, and the way ye know." The "way" is a path that can be followed.

Having walked where we walk, the masters are well qualified to teach us. And even as they teach mankind, they were and are students. They also studied in the retreats of the heaven-world in preparation for incarnation on earth; and even as ascended beings, they are students of other masters who are above them in the great chain of being, the heavenly hierarchy. The path of discipleship continues in the heaven-world and is a model for the student-teacher, master-disciple relationship on earth.

The ascended masters come to initiate us in the ancient mysteries of Christ and Buddha and the Everlasting Gospel for the new age of Aquarius. And they come to exhort us so that we will rise to the great God flame within ourselves and defeat the momentums of returning karma that are coming upon the age. The ascended masters present a path and a teaching whereby every individual on earth can find his way back to God.

Every ascended master is unique in the cosmic sense of the word, having a unique causal body by which he or she may bless, heal and teach lifestreams such as ourselves who are not as far along the Path. Even so, when you have accomplished your reason for being and balanced your karma, you will have much to offer life as a result of all the constructive good you have brought forth on earth.

Seven Masters Teach the Seven Paths to God

When we come into the knowledge of the ascended masters, we come into an awareness of defining the Path. The path back to the Source can be walked over seven rays of the Christ consciousness that emerge from the white light.

The seven color rays are the natural division of the pure white light emanating from the heart of God as it descends through the prism of manifestation. These are the subdivisions of the wholeness of Christ. Regardless of their color, all of the flames have a white-fire core of purity, which embodies all of the attributes of God and which may be invoked by those who desire to expand the Christ consciousness.

The seven rays present seven paths to individual or personal Christhood. Seven masters have mastered identity by walking these paths, defined as the seven archetypes of Christhood. These seven masters are called the chohans of the rays, which means lords of the rays. Chohan is a Sanskrit term for lord, and lord is equivalent to law; hence the chohan is the action of the law of the ray. To be a chohan on one of the seven rays means that this master defines the law on that ray; through him that energy of the Christ and of God flows to mankind, to all who are evolving on that particular path.

The chohans are the closest ascended masters to those who would be chelas, or students, of the real gurus. The chohans function in planes of perfection, but these planes are simultaneously one with the Matter plane where we are. And so, the chohans are here with us. There is a congruency of Spirit and Matter where we are, and we understand that time and space are but coordinates of infinity.

Let us briefly look at these seven chohans and their retreats.

El Morya, the chohan of the first ray, maintains his focus of the will of God on the etheric plane concurrent with Darjeeling, India. He is the Chief of the Darjeeling Council, a council of ascended masters of the Great White Brotherhood.

Lanto is the lord of the second ray, the yellow ray of illumination. He serves in the retreat of the Royal Teton, the main retreat of the Great White Brotherhood on the North American continent. He is concerned with the illumination of the youth of the world.

Paul the Venetian is the chohan of the third ray of divine love, the pink flame. He is the hierarch at the Château de Liberté in southern France. He sponsors the ascended master culture for this age and works with all who desire to bring that culture forth on behalf of mankind.

Next, we come to the great disciplinarian, Serapis Bey, chohan of the fourth ray. Serapis maintains the focus of the Ascension Temple at Luxor in Egypt. This is the place where candidates for the ascension are received, and it is considered the most difficult of these retreats to enter. Serapis Bey is the teacher of the path to the ascension.

Hilarion is the chohan of the fifth ray, the green ray of precipitation and truth. He was embodied as the apostle Paul. He maintains the Temple of Truth on the etheric plane near Crete. He works with atheists, agnostics, skeptics and others who have become disillusioned with life and with religion.

The sixth ray of ministration, service and peace is presided over by Nada as chohan. The flame of the sixth ray is purple, the color of violets, flecked with metallic gold and ruby. Nada's retreat is in the Arabian desert.

Saint Germain, the chohan of the seventh ray, holds a very important position in hierarchy in this age. Not only is he the chohan of the seventh ray of freedom, mercy, transmutation and ritual, but he is also the hierarch of the Aquarian age. The pulsations of the violet flame can be felt from his retreat over the House of Rakoczy in Transylvania and from the Cave of Symbols in the United States.

The offices of the seven chohans of the rays are divinely appointed by the

cosmic hierarchy. Those who hold these offices are selected from among the most qualified ascended beings who have arisen from earth's schoolrooms. Each one has attained self-mastery and won the ascension by serving humanity on one or more of the seven rays through their embodiments in the world of form.

The chohan for each ray holds sovereign responsibility under divine ordination for the administration to mankind of all the qualitative aspects of their own specific ray, while harmonizing their administration with the other six rays of the white light. The chohans always obey cosmic law; yet they are given certain latitude in keeping with their manifest individual evolution, capacities and special endowments to direct mankind in the most adroit manner, giving such loving assistance and spiritual direction as may be the requirement of the hour. They retain in their service legions of angelic hosts and ascended brethren who carry out the plan of the Great White Brotherhood for the most complete expression of the seven rays that is possible among mankind of earth.

Individuals are keyed to certain rays in order that they may perform a specific service to God and man. The ray of service to which an individual is attuned may vary from one embodiment to the next, but the reward for service is cumulative. And thus, powerful momentums may be retained from one's past service on several or all of the rays. A balance of attainment on all of the seven rays is a requirement for the ascension and the mark of the golden-age man or woman.

The services of the seven chohans impact all who work in the world, whatever their level of service: Statesmen, leaders and organizers are on the first ray under El Morya; teachers, philosophers and educators serve on the second ray under Lanto; artists, designers, beauticians and those of a creative nature serve on the third ray under Paul the Venetian; architects, planners and those dedicated to the purity and discipline of any undertaking serve with Serapis Bey on the fourth ray; doctors, scientists, healers, musicians, mathematicians and those consecrated to truth serve on the fifth ray with Hilarion; ministers, nurses and all who administer to mankind's needs assist Nada on the sixth ray; diplomats, priests of the sacred fire, actors, writers and defenders of freedom serve with Saint Germain on the seventh ray.

If we lack one of these godly attributes and desire to make progress on a particular path back to God, we can pray to our God Presence, our own Holy Christ Self and the chohan of that ray for those qualities we want to see manifest in our world. By doing this, we can make great strides of spiritual progress in a comparatively short time.

The Three Orders of Spiritual Beings

The kingdom of the ascended masters is the order of the Christed ones, the

evolution that we call the sons and daughters of God. Mankind are included in this order. Their destiny is to become the Christ. This order includes beings newly ascended as well as ancient masters who have manifested the Christ consciousness. Besides the order of masters and men, there are two other kingdoms of spiritual beings: the angelic kingdom and the kingdom of elemental beings.

When God created man and commanded him to be fruitful in service, to multiply his graces and to take dominion over the earth,³ he gave him helpers to assist in the important task of expanding His kingdom. Angelic ministrants and elemental servants of earth, air, fire and water formed the cosmic retinue that accompanied man as he descended to earth, “trailing clouds of glory” and vowing, “Lo, I AM come to do thy will, O God!”⁴

During three golden ages on the earth, man talked freely with his God and associated intimately with angels and elementals. Communion with all life was unrestrained, and cooperation between angels, elementals and men was unspoiled. To man was given the assignment of overseeing creation and working with God to plan, to design, to invent and to direct activities on earth. To the elementals, the builders of form, was given the important task of bringing into manifestation the intents of God and man. And to the angels was given the holy ordination of ministering to the needs of both men and elementals.

The three orders of the heavenly hierarchy manifest the threefold flame, the three primary attributes of God: power, wisdom and love. The sons and daughters of God are intended to outpicture the intelligence of the Christ mind, focusing the genius of God for invention and creativity. They were created to become co-creators with God. They represent the yellow plume of hierarchy.

The pink plume of the threefold flame of hierarchy is the order of the angelic hosts. Their service is to amplify the feelings and virtues of God. They bring the qualities of hope, love, mercy, compassion, charity, constancy and all the virtues that we need to make it in life. The angels help us to amplify these feelings, and they often do this through heavenly music called, at inner levels, the music of the spheres.

The archangels are the highest beings in the angelic kingdom, which goes all the way down to the tiniest angel. This kingdom includes the cherubim, seraphim and all kinds of orders of angels under their leaders. Every ascended master has his own legion of angels who serve with him to amplify the flame that he tends.

The third order, or kingdom, represents the blue plume of the threefold flame. This is the order of Elohim, or the elemental kingdom. The Elohim are

the highest beings in this order. The Elohim are the builders of form, the Seven Spirits of God who responded when God gave forth the fiat “Let there be light; and there was light.”⁵ When God directed the formation of the cosmos in the physical plane, it was the Elohim who brought forth that creation. Under the Elohim are the directors of the elements who, in turn, are in charge of the gnomes, sylphs, undines and salamanders—the elemental beings who take care of the four elements of the nature kingdom.

Cooperation between the Three Kingdoms

Before man went forth from out the center of God’s being, he asked, “Father, might I not be given the freedom to choose the way, the plan and the action of my life?” In his great heart of love the Father knew what pain might come upon a creation that would be free to go against his will, but he also saw the great opportunity for expansion and rejoicing that would come to those who would choose to follow his plan.

And so, out of God’s infinite wisdom came the fiat, “Man shall have the gift of free will; and whosoever shall prove in thought and word and deed that he can choose wisely and well in all things, to him will I give glory and honor and power and dominion; he shall sit upon my right hand, and he shall preside over the kingdoms of the world, over the elements and the angelic hosts.”

This was one of the great moments in cosmic history: Man had been given free will and with it, the opportunity to become a co-creator with God. “Made a little lower than the angels,” he would be “crowned with more glory and honor”⁶ if he used this precious gift to glorify God, to bless his fellow men and to master his environment and himself.

It was the seven mighty Elohim, directors of elemental life and masters of precipitation, who had responded to the seven great commands of God that culminated in the creation of man. Now the hierarchs of the four elements, four pillars in the temple of being serving under the Elohim, pledged to sustain the balance of life on Terra, in nature and in man. Salamanders, gnomes, sylphs and undines, mimics of the Grand Design, all served to keep man’s house in order and to sustain his noble form. Laborers in the Father’s vineyard, harvesters of his sowings, the beings of the elements occupy a most important position in the Trinity of God in manifestation as they heed each beck and call of God and man.

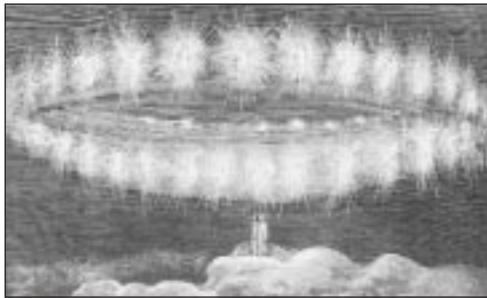
The angelic hosts, like the elemental builders of form, were not given the freedom to express, to move and to create on their own. They remained tethered to the Father’s will; his slightest wish was their command—cherubim and seraphim, mighty archangels and their archeiai, created by God to amplify his attributes.

God created the angels out of his own essence as beings who would sustain his magnificent feelings throughout the universe. Their assignment was to infuse men and elementals with those qualities that are necessary in planning and executing the will of God upon earth: faith, hope and charity, peace, understanding and compassion, purity, comfort and healing, mercy and forgiveness and such praise of eternal life as would unite men and elementals in service to their Creator and in love to one another.

From the centrosome of being, the Great Central Sun, the Holy of holies that is at once in God in universal manifestation (the Macrocosm) and in man (the microcosm) as the flame upon the altar of his heart, angelic messengers carry the magnitude of the divine potential to the farthest reaches of cosmos and consciousness. They come bearing rainbow hues of joy, beauty and delight, portending the advent of the Christ in every man. Their love and unflinching direction is a clarion call that integrates the lower and the Higher Self in unity of purpose, plan and action. Their love is a balm of friendship, an unguent of healing and the oil of heavenly inspiration.

The love of the angels is a divine magnet that keeps the stars on their appointed rounds, the atoms of our being inclined to do the heavenly will and each monad in his rightful place. Their love is a sacred tone, the music of the spheres, the Spirit that animates nature and all things beautiful.

Thus, while man's portion was to become the Christ and to sustain on earth the illuminating radiance of God's mind, the beings of the elements would build the temple to grace his wisdom—stone on stone of measured will, the Archi-



tect's design. And angel beings, inspired by the plan, vowed to bring coals of inspiration still glowing from the Father's hearth. In this trinity of cooperation we behold the action of the Cosmic Christ and the balanced manifestation of the cosmic threefold flame of wisdom, love and power.

The Opportunity to Evolve Upward

As a co-creator with God, man was also given the authority to invoke the presence and service of the angelic hosts who pledged to answer his call so long as man's requests were in keeping with the Father's will. Opportunity was given to the angels to receive the gift of free will only after they would prove their ability to sustain the pure feelings of God during centuries of allegiance to the Creator and unswerving devotion to his creation, man.

The title "archangel" was given to those who became masters of their

worlds “as Above, so below” and that of “archeia” to their feminine complements. In order to earn this office, many who are now archangels had to embody in human form, experiencing the same tests as the sons and daughters of God. However, there were some who remained in the heaven-world and never took embodiment in the physical octave.

All the archangels are healers. They come as master surgeons to repair our bodies, even as they mend the garments of our souls. There is no field of study in which they do not excel. With the Elohim, they exercise the power to create or uncreate life. Archangels are extraordinary beings, extensions of God himself, personifying his grace and majesty and power.

Elementals, too, were given the opportunity to evolve in the order of the spiritual hierarchy. After proving their ability to sustain simple and then more complex patterns in nature—first a drop of rain, then a blade of grass, a forget-me-not, a rose, then a mighty oak and finally, a great redwood—and after passing many tests of endurance, an elemental and his feminine complement might become the overseers of an entire regiment and then even the directors of all of the elementals serving under one element. The directors of the



elements on this planet are as follows: Oromasis and Diana, who are in charge of the fire element and all salamanders; Neptune and Luara, who direct the undines and the mighty waters; Aries and Thor, who oversee the graceful sylphs and trackless realms of the air; and Virgo and Pelleur, mother and father of earth and gnomes.

Thus, there is opportunity for each of the three evolutions to rise within their own order, and there is no limit to the attainment that can come to those who manifest the will of God in any field of endeavor.

The Plan of Victory: The Ascension, the Goal of Life

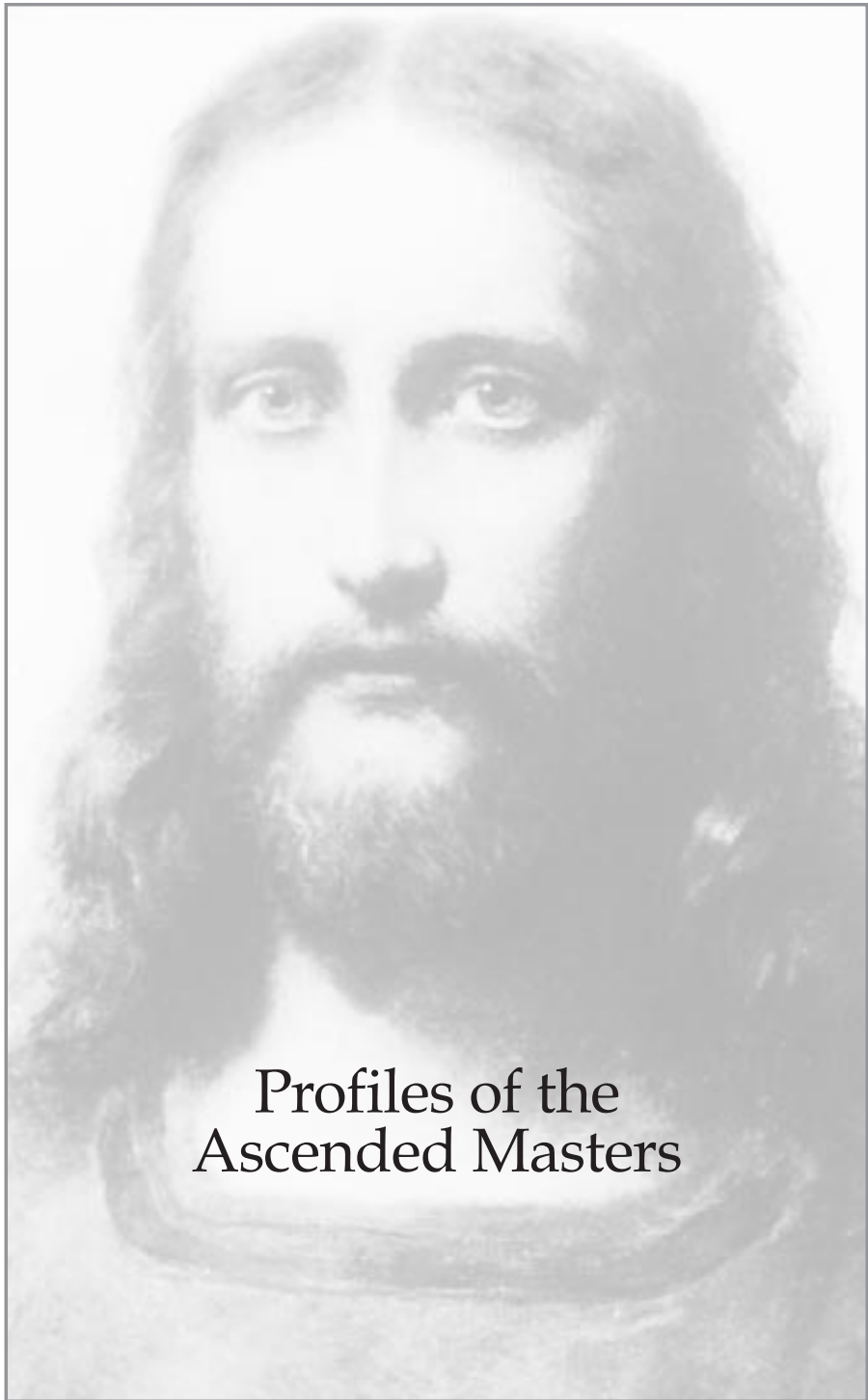
The plan of victory for the children of God was nobly defined in the life of Jesus and that of many other avatars who have been sent by God as exemplars to point the way of freedom to generations who have lost their contact, not only with God but also with the heavenly hosts and the elementals. The ascension and the overcoming of every binding condition that must precede it are the birthright and the highlight of the life of all who are born of God.

When through service to life, an individual son or daughter of God (1) attains mastery over outer circumstances, (2) balances 51 percent of his karma and (3) fulfills the law of his being—the divine mission that is the unique plan for his lifestream—he may then return to the throne of grace, being perfected in the ritual of the ascension. Once ascended, he is known as an ascended

master. Here life truly begins, and man is ordained a priest of the sacred fire in the eternal, ever-enfolding service of his God.

All of life (hence all of God) is in the process of ascending when it follows the divinely natural process of spiritual evolution. It is therefore through the ascension that angels, elementals and men find their way back to the heart of God and the eternal life they once knew even before the morning stars sang together.





Profiles of the
Ascended Masters

Meet the Master

The ascended masters each demonstrate a profile in Christhood. Under the name of each master listed below is an outline of their particular path and teaching, a brief sketch of what is known of their lives and embodiments on earth, if any, as well as their attributes and gifts. The name and location of their retreat is given, when it is known.* Also included are excerpts of key teachings from the master through their messengers Mark L. Prophet and Elizabeth Clare Prophet.

As you can imagine, it is beyond the scope of this book to tell all that is known of each master. The Bible says that if all that Jesus did were written, the world could not contain all the books that would be needed. The same can be said of each master, angel and cosmic being in heaven.

The masters listed in these profiles are those who are a part of the dispensation of these two witnesses, Mark L. Prophet and Elizabeth Clare Prophet, and The Summit Lighthouse activity. Clearly, there are many more masters in heaven than can be listed here, and this book is not intended to be an exhaustive list of every master or angel. The ones you will read of here are those who have released their teachings through this activity or who have been spoken of by these messengers. They are the ones who have come forward in this dispensation to assist mankind and who have promised assistance to those who will call to them for help.

Only a little is known of some masters. For others, a whole book and more could be written. Masters such as El Morya and Saint Germain, pivotal in sponsoring this activity, have dictated their releases to these messengers time and time again. The stories of their embodiments and the teachings they have released could fill many books. And although it was almost heart-wrenching to limit all that is known about these dear masters to a few pages in a book, yet the information contained here does reveal the essence of each one and what they offer to their students.

As you learn of the masters and get to know them, they can help you define your own profile on the path of personal Christhood. Even as you are seeking the master, so from ages past, the masters have been seeking you, and they are seeking you again today. They already know who are their students, even if the student is as yet unaware of the master. The masters desire to contact those

*The retreat of a master is his home of light, his temple or his place of service. Most of the retreats are found in the etheric plane, but a few also extend to the physical. For further information about the retreats, see the introduction to the next section of this book.

whose lives they long to touch. As the master Jesus said, “You do not choose me, for I have chosen you.”

As you read of the masters, you may recognize your master or masters, the one or the ones who are sponsoring your lifestream. May this special master be for you an open doorway to heaven. And may this book be the means for the masters to find you, their chelas.

The Editor



❖ AFRA, Patron of Africa

Afra was the first member of the black race to make his ascension. Long ago, he offered name and fame to God to sponsor a vast continent and a mighty people. When he ascended, he asked to be called simply “a brother” (*frater* in Latin), hence the name Afra. The continent of Africa takes its name from Afra, and he is the patron of Africa and of the black race.

There were ancient golden ages in Africa when it was a part of the continent of Lemuria, when the people came forth out of the light of the great causal body of the Great Divine Director. The Great Divine Director continues to sponsor the divine plan for the continent of Africa, even as he sponsors the divine plan for the descendants of Afra in America.

Many people have ascended from the black race—although from a spiritual perspective, there is no such thing as the black race or the white race. In heaven, the masters are not noted by their race or previous religion. All of the races on earth have come forth from the heart of God under the seven rays, or seven paths of initiation.

Those who are of the “white” race came forth for the mastery of the yellow (wisdom), pink (love) and white (purity) flames—hence, the various mixtures and tone qualities of their skin. These evolutions were intended to place upon the altar of God the gift of their self-mastery in the way of wisdom, love and purity. Those of the yellow race, the people of the land of Chin—or China—serve on the ray of wisdom, while those who have “red” colored skin are intended to amplify the pink flame of divine love.

The members of the “black” race have come forth on the blue ray and the violet ray. In an ancient civilization on the continent of Africa, the people’s skin actually had a blue or a violet hue. These colors come from the Father-Mother God, Alpha and Omega, the beginning and the ending, the first ray and the seventh ray.

Just as each individual serves on a particular ray, so individual nations also have their calling, or dharma. Each nation is called by God to manifest a specific virtue to fulfill a certain destiny. The members of what is now known as the black race were sent to earth to master the qualities of God’s power, his will and his faith (on the blue ray) and the qualities of God’s freedom, justice and mercy (on the violet ray).

Throughout the ages since his departure from Eden, man has wandered from his high estate, and the pure colors of the rainbow rays are no longer



The Ascended
Master Afra

reflected either in the skin tone or in the aura. Division has set in through the divide-and-conquer tactics of the fallen ones. Instead of the races embracing one another as brother and sister, there is division: one race enslaves another race, and the great unity of all children of God and their oneness in the flame is destroyed.

Afra lived 500,000 years ago when the people of this ancient civilization had reached a crossroad. Fallen angels who had invaded planet Earth divided the people. These evil angels set out to destroy the blue and the violet races. They distorted the once-sacred rituals and art forms of this people, opening the door to witchcraft, voodoo and black magic. They turned the people toward hatred, superstition and a vying for power.

As the people began to divert their attention from their God Presence, they became more and more vulnerable to the divide-and-conquer tactics of the fallen angels. The civilization became divided by the warring factions of its tribes. The people were losing the inner spiritual battle between the forces of light and darkness within them. And their division, both within and without, allowed them to become enslaved under the powers of darkness.

Seeing the plight of his people, Afra took embodiment among them in order to rescue them. First, he pinpointed the one missing trait that he perceived to be the Achilles' heel of his people. He identified the point of vulnerability as their lack of brotherhood. Allegorically speaking, they followed the example of Cain rather than following the example of Abel. When the LORD asked the people of Afra if they would be willing to lay down their lives for their kinsmen and friends, their answer was the same as Cain's: "Am I my brother's keeper?"⁷ The one who answers "no" to that question is dedicated to his ego. He will never be his brother's keeper, and eventually the divine spark within him, the threefold flame, will die.

Afra knew that many of his people had lost their threefold flame, even as many blacks and whites, through anger, are losing it today. He also knew that in order to regain that flame, they would have to follow a path of brotherhood. They had to care for one another. The only way he could teach them to be a brother to all others was to be a brother to all himself. And for this, he was crucified by his own people. He was the Christ in their midst, but they knew him not. They were blinded by their greed for power.

The ascended master Afra spoke on "The Powers and Perils of Nationhood" in Accra, Ghana, in 1976, stressing the theme of unity and of dissolving our differences in the fire of the Holy Spirit. He said:

"We are brethren because we are of the same Mother. I am your brother, not your lord, not your master. I am your brother on the Path. I have

shared your passion for freedom. I have shared with you the hours of crisis when you beheld injustice, when you prayed to the Lord for justice and the Lord gave to you the divine plan for this nation and for this continent.

“I have lived in your hearts for hundreds of years as you have toiled under the burden of oppression self-imposed from within and put upon from without.

“The people of Afra have the supreme opportunity to learn from every civilization and every history. When materialization reaches its peak, there are only two courses open to a civilization: either material decline and decay because of indulgence, or spiritual transcendence through the alchemy of the Holy Spirit.”⁸

In a later message, Saint Germain asked Afra to convey the following message to the descendants of Afra in America:

“In this moment, those who call themselves the blacks of America can rise to new dimensions of freedom and liberty. But this can only come to pass through the mighty heart flame, through the understanding of the path of initiation under the Holy Spirit, through submitting yourself, your soul, to the altar of God and calling upon the Lord for an acceleration of light, a purging of inner darkness.

“Though there were successes through the civil rights movement, there have been setbacks. For those successes in many instances were outer. Having gained them, the people did not understand that they must go within to the inner light in order to sustain them. We would seek the equality of all souls whatever their outer ‘color.’ We would teach you a spiritual path of true advancement on the path of initiation.

“Though they know it not, the black people of America today are at the eternal Y. They must choose this day whom they will serve—whether gains in the line of material comfort and increased well-being and higher-paying jobs, or the real gain of the eternal light of Sonship and the path of immortality with all of its challenges. In this land of abundance, it is natural for all people to expect and to live according to a higher standard of living. It is when this higher standard obliterates the inner longing for the higher light and the higher way that it becomes dangerous. I would tell you that God has chosen this people as those who have become rich in Spirit.”⁹

You can call to Afra for unity and for the dissolving of racial tensions through the true understanding of universal brotherhood.

Afra, our brother of light, like all ascended masters, has true humility. Kuthumi spoke of Afra’s humility: “This giant soul with his tremendous devotion was one of the unknown brothers. So long as individuals feel the need to expound upon their own personal achievements, they may well find

that they are not truly a part of us.”¹⁰

❖ AKSHOBHYA, *See The Five Dhyani Buddhas*

❖ ALEXANDER GAYLORD, *Twin flame of Lady Master Leto*

Alexander Gaylord ascended in 1937 after having been a messenger for the Brotherhood and active in the Cosmic Secret Service. His twin flame is the ascended lady master Leto, and they serve in the retreat of the Master of Paris.

Gaylord and Leto were embodied in the Inca civilization. At that time, he was a public servant and she was a devoted scientist, both highly attuned with the spiritual hierarchy.

Godfré Ray King's book *The Magic Presence* recounts how Alexander Gaylord, while yet in embodiment and working for the Brotherhood, went on missions with Leto, who had ascended more than three hundred years earlier.¹¹ Godfré relates a story Alexander Gaylord told him about Gaylord's first meeting with an unnamed master. Gaylord was on an assignment for the Indian Council of the Great White Brotherhood. He was on board a ship going to France when he met “a most distinguished looking gentleman.” The man accompanied Gaylord to India and other places and taught him, in Gaylord's words, “the most marvelous use of the ancient wisdom.” Gaylord says he was “a remarkable man. The only promise he exacted from me at any time was that I never reveal his name to anyone.”

Today, the ascended master Alexander Gaylord continues this work and is very much involved in helping mankind to set their house in order. He is an emissary of freedom and peace for the Brotherhood and member of the Departments of Cosmic Psychology and Geopolitical Studies at the Royal Teton Retreat. He has explained that his work for the Brotherhood is of a very special nature, and that he does occasionally manifest a physical body for this work. He has given dissertations to his students on the nefarious forces at work in the world scene and the interplay of forces in society, including the manipulation of the masses.

He has said, in the name of the Brotherhood, “Ours is the way of love. And in freedom's name, if humanity would really end all wars, they must do so by an unequivocal acceptance of the golden rule of the Prince of Peace. Nations and peoples must be willing to negotiate, but not at the expense of justice and reason. World unrest, which should long ago have been calmed by true religion, has unfortunately been fanned by religious intolerance and the mortal wickedness of the manipulators. Therefore, the Brotherhood prays that wise men everywhere, kneeling at the feet of God, will learn to distinguish between a genuine complaint and one that is syn-

thetically manufactured in order to spread discord....My prayer is for world peace through individual peace and understanding, but not at the cost of giving in to the manipulators or the warmongers who wave an olive branch that belies the violence in their hearts.”¹²

The twin flames of Alexander Gaylord and Leto have a special service among the youth.

❖ **ALOHA, *See Peace and Aloha***

❖ **ALPHA AND OMEGA, The Father-Mother God**



Alpha is the highest manifestation of God in the Great Central Sun. His complement is Omega, the personification of the God flame as Mother. John the Beloved spoke of them in Revelation as “The Beginning and the Ending.” Together they focus the beginning and the ending of all cycles of life. They rule in the center of the Hub in the City Foursquare and preside directly over the Twelve Hierarchies of the Sun.¹³

To the evolutions of this system of worlds, Alpha and Omega represent the Father-Mother God in the heart of the Great Central Sun, on the first and seventh rays respectively. These twin flames are the highest known individualization of the masculine and feminine polarity of the Deity.

Alpha is the personification of the God flame as Father in the core of consciousness we call life. Alpha has said, “as we have declared: Within your hearts and your minds will we write our law.¹⁴ The Law of God, the Law of adoration is reflected in the words ‘I AM.’ For I, Alpha, am the one who signifies the source, the numeral 1, and the word ‘I.’ Omega, my beloved, represents the ‘AM’ and is therefore called ‘*Ab-m-ega*.’

“I/Omega—the beginning and the ending¹⁵—declare that the pulsating lifewaves by which the entire cosmos is created are a boon to sharing our love with all systems of worlds and binding them together in a great divine unity of eternal happiness and solicitude.”¹⁶

Although Alpha and Omega are the highest-ranking members of the hierarchy in our universe, they are also the most humble. Their flame is represented in the forget-me-not, for they are the most humble of all manifestations of the Godhead and, therefore, the most worthy to rule.

❖ **ALPHAS, The Keeper of the Gate at the Royal Teton Retreat**

To Alphas, the greatest mission and calling in life and the highest honor is to be the gatekeeper of the Royal Teton Retreat. This magnificent

retreat is the principal retreat of the Great White Brotherhood on the North American continent. Thousands of lifestreams travel there from every continent as their bodies sleep at night to attend this retreat. Alphas is therefore a point of reference to all who come to this retreat. He is there to greet you when you arrive. When you see Alphas, you know that you have reached your destination.

Archangel Zadkiel refers to Alphas' role as gatekeeper: "Beloved Alphas now opens the door, stands ready to admit each one. You have but to make the call, beloved hearts, as you take your sleep to enter the sheath of the etheric body, to enter the Christ mind and to receive the guardian angels. May you retain all in the Higher Mind, and may your Christ Self deliver to you the certain direction and knowledge of decisions you must make in the hours and days to come."¹⁷

By serving at his post, Alphas also demonstrates an important point of spiritual law in our service to the masters. By keeping your appointed post or point in hierarchy and doing it well, even if a humble position or office, you uphold your portion of the plan of God and keep a place in the chain of hierarchy. If that point is not held, a stitch may be dropped. By holding the position assigned, you also prepare yourself for the next point on the path of initiation.

We ought to be content to be in the position we hold and see that we do it well. As we master that focal point, whether it is a job in the world or in the household or as father or as mother or as teacher, we find that the masters give us the exact tests we need in life.

On New Year's Eve, 1963, in Washington, D.C., Alphas gave an address at the conclusion of Gautama Buddha's annual New Year's Eve Address. He said: "I, Alphas, master of the gate for this session at the Grand Teton, declare that this glimpse into the Grand Teton Ranges is closed to mortal men for this occasion. You are welcome there, at the request of the Council, out of your physical forms and in your finer bodies this night. The request of Lord Gautama is that the peace he brought in the name of the risen Christ may surround you all this night. In the name of beloved Alpha and Omega, I, Alphas, bring my love to you as a keeper of that gate this night."

❖ **AMARYLLIS, Goddess of Spring**

The Goddess Amaryllis is the spirit of spring. This beautiful goddess mastered the mental plane and the air element and, as a result, was given the power to rejuvenate those matrices within the consciousness of man that lead to the fulfillment of his divine plan. Amaryllis embodies the green

and gold of the precipitation flame that brings forth the power of the creativity of Alpha and Omega.

The angels and elementals serving with Amaryllis are imbued with the spirit of the resurrection flame that produces a rebirth within nature and assists each individual to overcome the last enemy that is death. Because of her devotion to the Holy Spirit in nature, God has rewarded the Goddess of Spring with a great momentum of Christ-power. The elemental beings of earth, air, fire and water adore this daughter of the Sun and follow her from one end of the planet to the other, outpicturing the beauty of her love for all things living.

Amaryllis says: "I bring to the mind those aerating thoughts that are akin to the realm of the elementals—the beautiful billowing sylphs of the air, the gnomes and elementals of the earth in their busy industry, the sacred fire of the fiery salamanders and the undulations of the marvelous undines of the water. All of these convey to humanity an aspect of the four-fold nature of nature's God.

"In manifest form, that which man sees, that with which the artisans work, all malleability and even the hardness of the diamond are the manifestation of the fragrant thoughts of God, thoughts that sparkle with iridescence and wonder, thoughts that flow out majestically into the realms of nature, forest and fields, streams and sky and clouds, all reflecting a cosmic symphony, the symphony of infinite harmony.

"Let men learn, then, how they also may, as the tiny elementals do, leap from floral pattern to floral pattern; be cupped within the heart of a rose in consciousness, feel its fragrance, its color and the soft satiny sheen of its petals; how they may revel in the inflow of natural air and the radiance of the warming sun; how they may feel the awakening of manifestation within themselves, the awakening of the manifestation and the sense of beauty.

"Beauty and love are in the fragrance of the flowers, and when the flowers blow in a gentle breeze, they sway to and fro, nod their tiny heads and speak of love. Let men learn their language, the language of the heart. And let them understand that poetic meandering that is the reverie of the soul as it inhabits the nature kingdom....

"How grateful man ought to be to the wondrous creatures of field and forest, the little invisible creatures who are so wise and so determined in their own blessed efforts to make a carpet of love and splendor for man's eyes to behold!

"How marvelous is the constancy of nature! Season after season these tiny creatures bring forth what otherwise could so easily become the monotonous cycles of manifestation, but they do it with alacrity and joy,

and their hearts are filled with a desire to be of service to man.

“And what of man made in the highest image, the image of God? How their thoughts do mar all the beautiful patterns of nature. The blight of vile insect creations, the blight of thorny patterns of destruction manifest also in the kingdom of nature because nature has taken on those aspects of human cruelty and fright. Let men learn, then, that as they improve the quality of their thoughts, so will nature more redundantly and perfectly express, so will beauty and perfection more gloriously dress the world in the cosmic wonder that is the nature of God cascading, falling, fragrance from the Sun of sun.

“Let men dream, then, of blue skies and fearlessness flame. Let them dream, then, of swaying in those cosmic ballets as the tiny creatures do. And let them understand that the beautiful leap from flower to flower is as though man, in tiny elemental form, were possessed of the wings of a bumblebee, could fly and flit from flower to flower, so gentle and persuasive was his confidence in the mercy of God and these creatures that is exuded from every pore. They have faith in the wonders of their own bodies and their beings, their own minds to devote themselves to constancy and service to man.

“Let gratitude flow from human hearts to the eternal God for the wonder of their bountiful service, without which the fruit of the earth could never come forth and garland the world with that mystic splendor of cosmic dew upon the grass.”¹⁸

The inner meaning of the word Amaryllis is: A merry (Mary) God lily, or Alpha merry (Mary) God lily.



❖ **AMAZONIA, See Hercules and Amazonia**

❖ **AMEN BEY, Twin flame of Ascended Lady Master Clara Louise**

Amen Bey has had many embodiments in Egypt, where he was a pharaoh who influenced the culture of the land according to the principles of the ascended masters. He was a priest of the sacred fire on Atlantis, and he works closely with Serapis Bey as a brother in the Temple at Luxor. His electronic pattern is a deep blue hieroglyph that contains the concept of the spiritual rebirth of the Christed man.

Amen Bey's twin flame is Clara Louise Kieninger, Regent Mother of the Flame. Amen Bey and Clara Louise are dedicated to the youth of the world. When you call to them together, you have the mighty action of

Alpha and Omega that they focus. You can pray to them to assist you to help parents and their children, and they will lead the way in spiritual work on behalf of the youth of the world.

Amen Bey presently teaches classes on cosmic law at the Royal Teton Retreat. He can assist you in preparation for the ascension and in healing. He says: "I AM Amen Bey, your brother on the Path. I bring healing through the sacred fire in your temple. I direct needlepoint rays into every cell and atom of your four lower bodies for balancing and healing."¹⁹

❖ AMERISSIS, Goddess of Light

Amerissis is a powerful being who ensouls the quality of light, hence her name, Goddess of Light. The term God or Goddess denotes one who is a cosmic being and who ensouls the consciousness of God, of his or her office in the spiritual hierarchy and his or her ray.

The Goddess of Light's devotion is to the light of God, even to the light of God within you. She stores that light for us in the heart of every atom, cell and electron. She once explained, "I am called, by God's grace, the Goddess of Light simply because I have paid allegiance to light for so long."²⁰

She works with the Queen of Light and the Goddess of Purity. The trinity of these goddesses will pour their light through you when you pray to them and give their decrees and fiats. Even the simple mantra "Let there be light!" will suffice.

Amerissis uses the Queen of Light's focus above Messina on the island of Sicily, the Goddess of Purity's focus in Madagascar, and her own focus in the Shrine of Glory in the Andes in South America as anchoring points for a threefold distribution of the light throughout the world, especially Europe, Asia and Africa.

Prior to her ascension, when she was embodied in South America, the Goddess of Light had achieved such great attainment that she was able to maintain life in one body for more than five hundred years. In an off-guard moment, her forcefield was violated by a group of black magicians who lay in wait, waiting to compromise her. They superimposed upon the lower half of her body the tail of a fish, thus imprisoning her as a mermaid.

Because of her great attainment, it was not possible for her to lay down that physical body and be reborn. The Law required that she ascend from that form in which she had attained her mastery. She was therefore required to sustain life in that form for over eight hundred years before the ascension was given to her.

For three hundred years she served her fellowman from behind a counter and wore full-length skirts so that no one would be aware of what

had taken place. She has said that from that moment on, she gazed ever upward toward the light and never placed her attention upon the negative matrix (her mermaid form) again. When her momentum of light was great enough, the Brotherhood sent an unascended emissary who was the key to her freedom. Together they drew forth the necessary balance and momentum of the sacred fire to shatter the matrix she had borne for three centuries. Shortly thereafter she made her ascension.

In 1966, the Goddess of Light explained why she had been vulnerable to the black magician intending to bring about her destruction. She said: "In an unguarded moment I was congratulating myself on all of my attainments when he struck with the sting and bite of an adder, and I found myself bound and scarce able to recover the use of my upper parts. But the spiritual teacher who watched over me was able to save me from that destruction.

"I called and I called and I called through the years unto God to free me from this bondage. And my calls were always made to light: 'O light, set me free. O light, set me free. O God's light, set me free. O God's light, set me free.'

"As I waited upon mankind, as I served people and humanity, the constant prayer of my lips was to light. 'Light, light, light, expand! Light, expand! Light, expand! Light, expand, expand, expand!' And this God-command reached such a crescendo of momentum that at last, as a bolt of lightning through the blue, came the edict of the Karmic Board. And there was a great quaking and trembling within myself, and suddenly the scales of bondage parted and I gazed down upon the new flesh and the perfect body that I once knew, restored by light to the realm of divine opportunity and the place where I could once again take up my studies in divine grace right where I had left off—but in a most humble manner and determined as I was to never again submit to any form of bondage.

"And so I kept up my application to light until eventually I was called before the great Karmic Board and told that I was indeed, because of the light I had externalized, worthy to be called, worthy of the appellation the Goddess of Light. In sudden and almost blind wonder, I stepped forward to accept, not for myself or for the sake of a title (noble though it was indeed and noble though it is) but in order that I might convey to mankind down through the centuries my own gift of light and thus assist not only mankind but even the angelic host to externalize greater light through the roaring centuries and into the eternal boundlessness of God's own limitless light."²¹

Amerissis says, "I give you my light and my causal body, and my

legions are ready to serve. Remember my name—Amerissis, Goddess of Light. And remember to call to me and to give forth the fiat of light.

“Light, then, is the alchemical key to the healing of the nations, and also it is the key to your continued objectivity as you learn the meaning of the cross of white fire.

“I am a Mother of light, and I am with you. I have stood where you stand. I have seen the Lord Sanat Kumara consume the darkness. I have seen victory upon victory. We, too, are longing for the termination of the age of darkness. It has been too long. But its cycles are determined, my beloved, by those in embodiment....Free will weighs remarkably in the outer universes.”²²

In her dictations, the Goddess of Light has repeatedly cautioned us to be constantly on guard against those who would use our weaknesses to set us back on the spiritual path. She has revealed that she works closely with Jesus. She and Jesus often send light to the dying and help them deal with the fear of death. When someone is passing on, you can call to her. “I will use you as a focal point in the world of form,” she said, “to expand the light unto them, which is the light of hope, the light of faith and the light of charity” unto all who are making the transition to higher octaves.²³

The Goddess of Light has given us a meditation for increasing the light within us. She said, “It is well to develop a meditation on light whereby you see pinpoints of light throughout the body. Visualize yourself as a giant Christmas tree with a candle on every little twig and branch so that a million candles might burn on your tree of life to light the way for millions. Remember that at every point of every cell of your body, there is a nucleus in the atom and there is a central sun in every cell. These are points of light. These are, as it were, manifestations of the Great Central Sun at microscopic levels.

“Vibrant health within the body helps to keep the light circulating. Thus, one may enjoy the vibrant mind that is quick and alert and the desire body that is truly aligned with the Law of God in the joy of the LORD.”²⁴

Amerissis has also given practical teaching on overcoming character weaknesses. She explained that each of us has three major recurring tests in our lives. She said: “Most people on earth, as we have calculated in surveys our angels have taken, have three knots in consciousness that hold them back, pull them back. These knots are so obvious, right beneath their noses, that they fail to see them year after year. Some pass from the screen of life in the change called death never having realized that they missed the most obvious—the most obvious of matters that they came into embodiment to correct.

“Self-analysis is wise when it is not overdone. Therefore, seek those professionals who can assist you. Seek also counsel from your dearest friends, loved ones, family members. For they may also tell you what they may have observed....

“Think then of the three strongest points in your lifestream, where you show the greatest strength of character—the honor, the nobility, the constancy, the stick-to-itiveness. Note this, because most people do have three points where they excel, and excel consistently....

“You should always have three points of acceleration and attainment that you are working on and three points to eliminate, elements of character that you desire to put into the flame. If these are always with you, you will make constant progress. You will self-transcend yourselves many times over. And in the end when you arrive at the gate, you will find that you have passed so many tests that you have balanced karma and you are ready to be candidates for the ascension in one of the ascended masters’ retreats.”²⁵

- ❖ AMETHYST, *See Zadkiel and Amethyst*
- ❖ AMITABHA, *See The Five Dhyani Buddhas*
- ❖ AMOGHASIDDHI, *See The Five Dhyani Buddhas*
- ❖ AMORA, *See Heros and Amora*
- ❖ THE ANCIENT OF DAYS, *See Sanat Kumara*
- ❖ THE MIGHTY ANGEL CLOTHED WITH A CLOUD

The tenth chapter of the Book of Revelation speaks of the angel “clothed with a cloud: and a rainbow was upon his head... and in his hand a little book.” This angel appeared to John the Revelator. The rainbow and the cloud are the causal body and the light of the I AM Presence. The little book is the concentrated energy of the Word of the masters spoken to the prophets.

The Mighty Angel Clothed with the Cloud has given one dictation through the messenger Elizabeth Clare Prophet. He said:

“I bear witness unto the light descending as the Word of the sons and daughters of God. I come from the fount of living flame. I have stood in the presence of Alpha and Omega. I am the angel which stands in the presence



The Masters and Their Retreats

The great lights who have come out of all the world's spiritual traditions and graduated from earth's schoolroom have become widely known as Masters. They demonstrate to us that in the world of Spirit, there is no division of race, religion or philosophy – there is simply oneness, ineffable sweetness and love.

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