

The CREATIVE POWER of SOUND

Recent scientific advances point to what mystics have known for thousands of years: sound holds the key to the creation of the universe. And it can create spiritual and material change in our lives.

Prayer is the sound and language of the soul. When spoken out loud, it can unlock the dynamic energy of Spirit.

In *The Creative Power of Sound* you will learn seven principles for applying prayers, mantras and affirmations to your everyday life. And you will discover an effective way to harness spiritual energy to create positive change for yourself and the world around you.

SUMMIT UNIVERSITY  PRESS®



\$6.95

The CREATIVE POWER of SOUND

Prophet



The CREATIVE POWER of SOUND

*Affirmations
to Create, Heal
and Transform*



ELIZABETH CLARE PROPHET

The
CREATIVE
POWER
of SOUND

*Affirmations to
Create, Heal and Transform*

ELIZABETH CLARE PROPHET

SUMMIT UNIVERSITY  PRESS®

CONTENTS

THE CREATIVE POWER OF SOUND

Affirmations to Create, Heal and Transform

by Elizabeth Clare Prophet

Copyright © 1998 by Summit University Press

All rights reserved

No part of this book may be reproduced, translated, or electronically stored, posted or transmitted, or used in any format or medium whatsoever without prior written permission, except by a reviewer who may quote brief passages in a review. For information, write Summit University Press, PO Box 5000, Corwin Springs, MT 59030-5000. Fax: 1-800-221-8307 or 406-848-9555.

Web site: www.summituniversitypress.com.

Library of Congress Control Number: 2003115753

ISBN 0-922729-42-5

SUMMIT UNIVERSITY  PRESS

The Summit Lighthouse and Science of the Spoken Word are trademarks registered in the U.S. Patent and Trademark Office and in other countries.

All rights reserved

Printed in the United States of America.

08 07 06 05 04

6 5 4 3 2

When I Tapped into a Higher Power 1

Powerful Affirmations Called Decrees 7

Seven Fundamental Principles
of the Science of the Spoken Word 11

1. *You Can Use Prayer to Create Spiritual
and Material Changes in Your Life* 13

*Some Doctors Use More than Medicine
to Treat Their Patients* 16

2. *Spoken Prayer Is More Effective
than Silent Prayer* 21

*The Energizing Power of
Gregorian Chants* 32

*An Angel Shows Carla
Why She Should Pray Out Loud* 34

3. *Decrees Are the Most Powerful and
Effective Form of Spoken Prayer* 37

CONTENTS

<i>How Decrees Helped Jay Get His Own Space</i>	42
4. <i>When You Use God's Name, I AM THAT I AM, in Your Decrees, You Access His Unlimited Power</i>	45
5. <i>Repeating Decrees Increases Their Benefit</i>	49
6. <i>Using Visualizations Enhances Your Decrees</i>	59
7. <i>You Can Use Breathing Techniques to Increase the Power of Your Prayers and Decrees</i>	63
<i>Decrees and the 12-Stepper</i>	65
How to Decree	69
Dynamic Decrees	79
Notes	99
Picture Credits	101

WHEN I TAPPED INTO A HIGHER POWER

When I was a teenager, I learned to tap into a universal power, a power available to all of us. In 1957, as a freshman at Antioch College in Yellow Springs, Ohio, I had one of several startling experiences with this power.

It was spring break, and at the last minute I realized that I didn't want to spend it in the dorm. I wanted to go home, back to Red Bank, New Jersey. But I had no ride and no money for the trip.

I went for a walk and called out loud to God, "God, I have to get home and you've gotta get me there!" I returned to my dorm and ran up the three flights of stairs to my

room. The answer to my call came so fast, it almost took my breath away. For as I reached the top of the open stairwell, a voice yelled out, “Does anybody need a ride to New Jersey?”

“I do!” I said.

The voice belonged to an air force man from Wright-Patterson Air Force Base. Should I accept a ride from a stranger? My dorm sisters were worried, but I knew I would be safe with him because he was the answer to my call.

I packed my things and piled into the car. Exhausted from four days of finals, I went to sleep in the backseat. I slept for most of the trip, and my God-sent driver delivered me safely to my doorstep.

I knew I was onto something. I had tapped into a power of the universe by speaking my

request. When I made a direct request *aloud*, God answered.

Several years before, I had read about a method of prayer called decrees in books by Guy and Edna Ballard of the “I AM” Religious Activity. Decrees are positive affirmations that use the name of God, I AM THAT I AM. By using these affirmations, you can access the power of your Higher Self.

In 1961, I attended a meeting of The Summit Lighthouse, where I met its founder, Mark Prophet, who would become both my teacher and my husband. Mark was able to receive inspired revelations from spiritual beings known as Ascended Masters. (The Ascended Masters are the saints and sages of East and West, such as Jesus, Buddha, Kuan Yin, Saint Francis and the Blessed Mother.) The Masters gave Mark many decrees,

which he then published. When I, too, began receiving revelations from the Ascended Masters, I wrote down additional decrees.

Decrees are part of a system of prayer called the science of the spoken Word, which also includes songs, mantras and chants as well as visualizations and breathing techniques. I have published many books and lessons that teach people how to use the science of the spoken Word, and I've received innumerable letters from people who have used it successfully.

The primary purpose of using the science of the spoken Word, as you will see, is not to make good things happen—like getting a ride home or a new car—but to put you in contact with your Higher Self and with the Ascended Masters. Of course, once you have that contact, you can draw on the

power of the God within to bring you the things you need in your life.

I invite you to experiment with the techniques in this pamphlet—and see how, when and where the universe will respond instantly to *your* call.



NOTE: All the stories in this book are real. Some names, however, have been changed at the individuals' request.

I AM the Oneness of Life

I AM the Oneness of Life

I AM the Oneness of Life



NOTES

1. Dr. William Nolan, quoted in Larry Dossey, M.D., *Healing Words: The Power of Prayer and the Practice of Medicine* (HarperSan-Francisco, 1993), p. 180.
2. Statistics taken from a *Time/CNN* poll conducted in June 1996 by Yankelovich Partners.
3. See “Sound Waves May Drive Cosmic Structure,” *Science News* 151, 11 January 1997.
4. Dr. Alfred A. Tomatis, quoted in Tim Wilson, “Chant: The Healing Power of Voice and Ear,” in *Music: Physician for Times to Come*, ed. Don Campbell (Wheaton, Ill.: Theosophical Publishing House, Quest Books, 1991), p. 13.
5. Exod. 3:2. All Bible verses are from the King James Version unless otherwise noted.
6. The Ascended Masters teach that the Holy Christ Self (corresponding to God the Son)